

YIZKOR BOOK OF REMEMBRANCE



5782



YIZKOR SERVICE

Remembering Our Departed Loved Ones

Yizkor is recited four times a year.

YOM KIPPUR – SEPT. 16, 2021 PASSOVER – APRIL 16, 2022 SHEMINI ATZERET – SEPT. 28, 2021 SHAVUOT – JUNE 5, 2022

Dear Friends,

Our Memorial Book allows us to remember our loved ones during the Yizkor Memorial service and beyond. Remembering family and friends whose lives helped shape the people we have become, and the people we are becoming is an important element of our service on Yom Kippur and the three Pilgrimage festivals, the three other times each year when we recite Yizkor Prayers. There is pain in evoking the memory of our loved ones, even as we pray that the sweetness of those memories will add beauty to our lives. We Jews have developed a particular expertise in our ability to experience both the bitter and the sweet simultaneously. Even as we prepare to usher in the New Year with anticipation and gratitude, we remember that to be human also involves the experience of loss. One aspect of our humanity is to have the ability to remember.

On these High Holidays we will say the phrase "zochraynu l'Chaim/ remember us for life" many times. We evoke the idea that even with all the pain in our lives and in the world, we want to remain in this world, we want to remember our loved ones and to live lives that bring honor to them. When Jews come together you will often hear us wish each other "I'Chaim-" To Life!" I'Chaim is not a not a wish for good health or good luck, nor a prayer or a petition, for God has already given us life. To say l'Chaim is to affirm our faith in the goodness and the holiness of life even when life is difficult and painful. It is also an affirmation of gratitude for the many blessings that we have already been given. As a people, we have been willing to say I'Chaim in the midst of great suffering and great sorrow. And as individuals, our willingness to say l'Chaim is a sign that life is precious and holy, even when it is painful. In this coming year, may each of us merit the gift of the power of the phrase l'Chaim-so that we may live fully though celebration and sorrow as we incorporate the ideals of our loved ones in our lives.

In the pages that follow please see a brief guide to Jewish funeral and mourning rituals. We hope this will be helpful for those in their times of need.

With Blessings,

Rabbi Andrea L. Merow

Cantor Jeffrey Warschauer

זכר צדיק לברכה



The Memory of the Righteous is a Blessing

We miss you, Rabbi Adam Feldman ^{2"1} We are so thankful for the love and guidance of Rabbi Adam Feldman, who guided us and helped us grow as a congregation and as individuals.

He sought us out when we were struggling, listened compassionately, and helped us to overcome obstacles. He taught us with enthusiasm, connecting us to Torah and to each other.

He modeled for us from the bima his passion for Judaism, Israel, and our B'nai Mitzvot. He sought us out when we were struggling, listened carefully, and helped us to overcome obstacles. He advocated for strong Jewish identity for all our families. He taught us with enthusiasm, connecting us to Torah and to each other.

He deepened our ties with leaders in the broader Princeton community, making friends we could call on in times of trouble. He helped nurture and lead community organizations he cared about deeply, like the hospital's Religious Ministries department that he cofounded and the Princeton Clergy Association.

He mentored the Jewish Center's leaders, providing a steady hand as he advocated for the interests of the congregation as a whole.

He galvanized bold programs that created memories for Princeton congregants, like reuniting Holocaust Torahs from the small Czech village of Susice for Yom Ha-Shoah, lighting 834 menorahs together in celebrating Hanukkah at the Princeton Airport, enabling individuals and families to join the sofer as she inscribed the finishing letters in our repaired Torah.

As we move forward as a congregation, we are so grateful for the work Rabbi Adam Feldman did in giving us a solid base and the courage to step forward spiritually.

"The memory of the righteous shall be a blessing."

At this memorial hour we recall our founding member, congregants, and loved ones of our congregational family who passed away in 578.

OUR FOUNDING MEMBERS

Marjorie Horowitz

OUR CONGREGANTS

Ellen Sharfstein Avins Rabbi Dr. Robert Goldenberg Alan Markowitz Roslyn Denard Gil Gordon Albert Medwin Norman Denard Alvin Gordon Arlene Miller Arthur Fein Lenore Gordon Irving Newman

Sheldon Friedman Marjorie Horowitz Rabbi David Wolf Silverman

Phyllis Marchand

LOVED ONES OF OUR CONGREGATIONAL FAMILY

Avram Bar-Cohen Elisabeth Joseph Lois Ruth Seidler Bruce Becker Lillian Kaye Oved Soffer

S. Edmund Berger David Levin Ruben Souroujon d'Alcala

Bernice "Bunny" Bloom Albert Medwin Harold Starr

Alfred DiGiacomo Elaine Merkovitz Marjorie Stenerson Nikki Feldman David P. Mraovitch Naomi Wahrman

Kathleen Gressett Ellie Nunes Gladys C. Weisberger Samuel Haber Sheldon Reich Barry David Weiss

Peter Idstein Leonard Reiffe Elaine Yaffe

Barbara Rossman

Eternal God, Source of all mercy, give us the gift of remembering. May our memories of the departed be both tender and true, undiminished by time, not falsified by sentimentality. Let us recall them and love them as they were. Give us the gift of tears. Let us express our sense of loss, our sorrow, and our pain, as well as our gratitude and love. Give us the gift of prayer. May You comfort us with an open heart and trusting faith. Give us the gift of hope. May we always believe in the beauty of life, the power of goodness, the right to joy. May we surrender our being, and the souls of the departed, to Your eternal compassion.

(names included are as of 9/14/21) – we apologize for any inadvertently left off)

"The memory of the righteous shall be a blessing."

At this memorial hour we recall our past presidents and founding members who passed away.

PAST PRESIDENTS

Seymour Bogdonoff Reuben Cohen Norman Denard Jess Epstein Joseph Fath Richard B. Fishbane Alvin E. Gershen Maurice Glicksman George Goldsmith Alvin Gordon Gil Gordon Irwin Gordon Herbert M. Gurk Bernard Hershenov

Leonard Hymerling Ernest Lynton William Miller Dexter Neadle Murray Reich Roslyn Staras

FOUNDING MEMBERS

Louis and Minnie Abrams Henry and Susan Abrams William and Esther Abrams Murray and Ruth Bailey Harry and Cecilia Ballot Marver and Sheva Bernstein Harriet and Seymour Bogdonoff Alice Braverman Sarah Braverman David and Helen Brener Joseph and Stella Caplan Jess and Marion Epstein Gussie Felsher Meyer and Helen Goldstein Milton Horowitz Marjorie Horowitz

Leonard and Madeline Hymerling

Abraham and Rosalind Kahane

Nathan and Anita Kasrel Ernest and Adele Kaufman Otto and Ruth Kaufman William and Ruth Kleinberg Jerome and Phyllis Kurshan Rabbi Irving and Sarah Levey William and Bernice Miller Benjamin and Violet Miller Julius and Laura Peskin Avner and Marion Robinson Aaron and Libby Salkin **Louis Schleifer** Rubin and Blanche Schwartzstein Esther Schwartzstein Percy and Bess Siskowitz Arthur and Dorothy Tobolsky

Paul and Eunice Urken

Nathan and Fanny Wolman

Barry Ableman & Linda Rosenberg

Lester Ableman Shirley Ableman

Jeffrey & Kathleen Abrams

Murry Abrams Iris Abrams

Adele Agin

*Norman Agin Mildred Finerman Harry Finerman Luisa Zauli

Jeffrey Albert & Marian Bass

Goldie Bass Motel Bass Richard Albert

Fran & Assaf Amir

Sylvia Sandler Louis Sandler Michal Amir Yosef Amir Marjorie Sternson

Carolyn Angoff

*William Angoff
*Eleanor Angoff
Mary Sachar Wolk
Simon Wolk

Avi Argaman

Meir Argaman

Craig, Meta, & Daedalus Arnold

Beverly Arnold

Cathy & Brad Bailey

James H. Quartner

The Bar-Cohen Family

Avram Bar-Cohen

Steven & Shelley Barnett

Alexander Barnett Celia Barnett Leon Hirsch Blanche Hirsch Warren Hirsch

Olga Barsky

Baruch Israel Vladislav Barsky

Meryl Baurmash

*Daniel J. Wagner Harold Baurmash Lila Baurmash Edith Finkelstein

The Behar Family

Max Galen Josephine Galen Nessim Behar Rachel Behar

^{*}Indicates person being remembered was a congregant.



We Remember Them

by Sylvan Kamens & Rabbi Jack Riemer

In the rising of the sun and in its going down, we remember them.

In the blowing of the wind and in the chill of winter, we remember them.

In the opening of buds and in the rebirth of spring, we remember them.

In the blueness of the sky and in the warmth of summer, we remember them.

In the rustling of leaves and in the beauty of autumn, we remember them.

In the beginning of the year and when it ends, we remember them.

When we are weary and in need of strength, we remember them.

When we are lost and sick at heart, we remember them.

When we have joys we yearn to share, we remember them.

So long as we live, they too shall live, for they are now a part of us, as we remember them.



Carrie & Michael Bernstein

Warren Weinstein

Ruth & Bill Besser

Karen Besser

Jeremy & Jen Black

Rosalynda Black

Leslie & Stephanie Blau

Aurelia Blau

Eugen Blau

Maria Eisner

Miklos Eisner

William Eisner

Bleyman & Ginovker Family

Igor Bleyman

Georgiy Ginovker

Rita Alperovich

Sarah Hasdan-Bleyman

Eliezer Bleyman

Sterna Kogan

Aaron Leybovsky

Dina Gaukhman

Mera Ginovker

Israel Ginovker

Boris Alperovich

Michael & Beatrice Bloom

Alfred Bloom

Bernice Bloom

Ruben Souroujon D'Alcala

Harold Borkan

* Jean Borkan

Dora Borkan

Fred Philip Borkan

Betty Borkan Chait

Ellen & Stewart Borrow

* Rita Fishman

Daniel Brent & Sally Steinberg-Brent

Norma Brent

Alfred H. Brent

Howard L. Steinberg

Lylian E. Alsofrom

Joseph Alsofrom

Schary Ruth Silberstein

Jacalyn Susan Silberstein

Miriam Silberstein

Don J. Silberstein

Samuel Henry Estrin

Ann Alsofrom

Randall & Deborah Brett

Betty Lieber

Boruch Lieber

Muriel Brett

Herbert Brett

William Berns

Ann Berns

Lester Brett

Helen Brett

Daniel and Elissa Brito

Mark Zaidel

Joan Zaidel

^{*}Indicates person being remembered was a congregant.

Sara Bucholtz & Talia, Dena & Ilan Feldman

* Rabbi Adam S. Feldman Nikki Feldman

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Leo Lukowsky Estelle Lukowsky

Philip & JoAnn Carchman

Abraham H. Carchman Dorothy P. Carchman Eddie Carmel Aaron Pines Harold V. Gardenswartz

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* Stacy Cheifetz Marino Adele Cheifetz Bernard Cheifetz Leslie Cheifetz Rosalind Spielsinger David Spielsinger

Denise, Shay, Noah and Etana Cheskis

Marilyn Cheskis-Lear

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Harry Ruttenberg Sylvia Ruttenberg Max Citron Ann Citron

Peter Constantin

* Susan Constantin

Lewis & Lynn Coopersmith

Ann Blair Sidney Blair Gertrude Coopersmith Hyman Coopersmith

Barbara Curran

Morris Lebowitz
*Ann Lebowitz
Martin H. Perle
Eugene D. Perle
*Lowell F. Curran Jr.

Judy Diamond

* Rabbi James S. Diamond

Marc, Sharon, Eric & Jason Diamondstein

L. Myron Diamondstein Samuel Zvi Fichman Haber

Paul Duberstein & Nancy Talbot

Herman Duberstein Irene Rosen Jack Schneider Rose Schneider Seymour Schneider Rena Talbot Ross Talbot

Fred Edelman & Sherry Meyer

Linda Edelman Samuel Edelman Marion Edelman Albert Gunther Tillie Gunther Terry Gunther Roberta Volinsky

Frances Zeitler Edelman

Ruth Turim Arthur Turim Irwin Turim *Johanna Friedman

Suzanne Esterman & Family

Michael Esterman Carolyn McKeegan Calvaruso Jack McKeegan

Michael & Susan Falcon

Faye Wallstein Sydney Wallstein Sara Schneider Sam Schneider

Ruth Fath

*Joseph Fath Nettie Schreiber Morris Schreiber

Ludwig Fath Edith Fath

Michael & Lori Feldstein

*Nathan Feldstein

*Ruth Feldstein

Carole Katz

Joseph Katz

*Richard Fishbane

*Lonny Kaplan

*Merrye Shavel-Hudis

*Rabbi Adam Feldman

*Gil Gordon

Stephen & Barbara Felton

Eva Wasserman Victor Feldstein Stasia Feldstein Mina Gillers Sophie Slutsky Louis Slutsky

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When All That's Left Is Love

by Rabbi Allen S. Maller

When I die If you need to weep Cry for someone Walking the street beside you. You can love me most by letting Hands touch hands, and Souls touch souls. You can love me most by Sharing your Simchas (goodness) and Multiplying your Mitzvot (acts of kindness). You can love me most by Letting me live in your eyes And not on your mind. And when you say Kaddish for me Remember what our Torah teaches, Love doesn't die People do. So when all that's left of me is love Give me away.

Joanne Reiffe Fishbane

*Richard B. Fishbane Fran Fishbane Jordan Fishbane Stella Reiffe Philip Reiffe Leonard Reiffe

Edward Flax & Deirdra Silver

Uriel Flax
Ruth Gluck Flax
William Silver
Frieda Silver
Jack Silver
Rene Baron Hennesey
Roberta Baron
Murray Delman
Esther Silver Delman
Ellen Richman Saltzberg
*Rabbi Adam Feldman

Bernie & Judi Fleitman

Israel H. Steinberg Anne Segal Steinberg Harry Fleitman Martha Fleitman

Bobbi & Barry Freedman & Family

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Robert Freeman Gertrude Freeman Sol Kessler Ethel Kessler Samuel Kessler Sadie Dovberg Mollie Stermer

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Arrel Friedman Cecile Friedman Herb Heft Shirley Heft *Ira Weinstein, MD Robin Weinstein

Seymour & Dorothy Friedman

Benjamin Uslip Sarah Uslip Max Friedman Ida Friedman

^{*}Indicates person being remembered was a congregant.

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Samuel Gantwerk Belle Gantwerk Sarah Meyers Hyman Meyers

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Hyman Gershen
Riviera Parish
Arthur Parish
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Chaim Luchtan
Chaim Dubowska

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Marilyn Gitterman Jack Gitterman

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*Bob Gittleman David Gittleman Minnie Faktor Gittleman

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^{*}Indicates person being remembered was a congregant.

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Fred Aaron Goldfarb
Ruth Joan Goldfarb
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Augusta Goodkin
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Margaret Herman
Bela Burger, M.D.
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Baba Burger
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Janos Burger, Ph.D.
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^{*}Indicates person being remembered was a congregant.

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*Gil E. Gordon Sylvia Gordon Moe Gordon Bernard Steinberg Shirley Steinberg

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*Michael Greenstein Albert Kanter Doris Kanter Leo Greenstein Sylvia Greenstein Judith Greenstein Grabel Aaron Greenstein

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* Israel Joel Heilweil

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*Susan Heymsfeld Eleanor Marvin Ralph T. Heymsfeld Marjorie Cornacchio William T. Goldsmith

^{*}Indicates person being remembered was a congregant.

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^{*}Indicates person being remembered was a congregant.

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Paul H. Kirstein Marie E. Kirstein Max Erdreich Hattie K. Erdreich Philip Kirstein Fannie R. Kirstein

Maryl Anne Klein

Hy Klein

Anna Rosa & Joseph Kohn

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Marian Kozhan

Deborah Plagov Hona Plagov Maria Diner

Seva Jaffe Kramer & Peter Kramer

Rubin Kramer
Miriam Kramer
Pincus Marcus
Myron Jaffe
Byrnece Jaffe
Rena Kaufman
Joseph Kaufman
Joseph Jaffe
Mary Jaffe
Cindy Kramer Silverman

Mildred Borkan Kranzler

*Myles M. Kranzler Dora Gross Borkan Fred Philip Borkan

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Henrietta Kuris Arthur Kuris William Wolarsky Anne Wolarsky

Mindy & Corey Langer

Leon Langer
Rita Langer
Mary Lerman Frank
Aaron Frank
Sam Lippman
Fay Lippman
Lillian Kuhlman Slavin
Jack Slavin
*June Slavin
Diane Calzaretta

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Melvin Lawrence Elinore Lawrence Harry Nitzberg Paul Barilli Sally Barilli Silvia Lande

Stuart Lehman

Miriam Lehman Gertrude Lehman Pearl Lehman

Arthur Jon Lehrhaupt

Pearl Lehrhaupt Solomon Lehrhaupt Mildred Lehrhaupt Fanny Lehrhaupt David Lehrhaupt Celia Friedman Morris Friedman Abraham Friedman

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Louis Berger Margaret Berger Harry Jacob Leiman Sylvia Leiman Rabbi Raymond Leiman Naomi Luzon

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Herbert Leopold Esther Leopold Starer Daniel Weisberger Gladys C. Weisberger

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*Mark Benjamin Levin Esther Siegel Murray Siegel

Robert & Judy Levine

Max Levine Anna Levine Bernard Brill

Susan & Morton Levine

Richard J. Levine Goldie Levine Louis H. Levine Phoebe Karpel Herman Karpel Hilda Stern Rony Stern Fred Benamy

^{*}Indicates person being remembered was a congregant.

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Herbert Levine Paul J. Levine *Edith Ales *Milton Ales Susan Ellson

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Ann Elkin Strauss Israel J. Strauss Sidney Lewis Evelyn Goldstein Lewis *Ruth Elkin Mendelson

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Milton M. Lieberman Jeannette F. Lieberman Laeita Israelite Norman M. Israelite Lester H. Lieberman Shirley Lieberman Joshua L. Weinstein

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Aaron Litt
Sophia Litt
Eli Litt
*Irwin Litt, MD
Alexander Kravitz
Berta Rubin Kravitz
Robert S. Kravitz, Esq.

Avron & Sally Magram

*Adrienne Schutz Jeanne Magram Sol Magram Jean Schiff Eli Brody Miriam Brody Stanley Brody

Moshe and Judith Margolin

Kenneth G. Kollman Thelma R. Kollman Howard Margolin Edna Staskin Eugene Staskin

Deborah Marinsky

Jacob Akiba Marinsky Ruth Marinsky Mary DiGiacomo Alfred DiGiacomo

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Mourners' Kaddish for Everyday By Debra Cash

Build me up of memory loving and angry, tender and honest. Let my loss build me a heart of wisdom, compassion for the world's many losses Each hour is mortal and each hour is eternal and each hour is our testament. May I create worthy memories all the days of my life.

Consolation By Harold M. Schulweis

I would comfort you, dear friend wipe away your tears Turn your sorrow into joy.

I would console you With words of ancient wisdom Of the need for acceptance of the inevitable The inexorable course of life.

I would speak to you of The immortality of influence The afterlife of memory The echo of goodness In the cavern of our lives.

Yet the sages caution
Not in haste
To console the bereaved
Not too soon
To begin the healing.

I would raise the heavy weight From your heart, Wave a wand and transform your grief.

But the heart has its own wisdom Sets its own time And will not be rushed.

Now is the time for silence the dumb silence that awaits The coming of a new mood, And a brighter spirit With you, friend, I will be silent Tomorrow we will speak.

Constance Marks & Marilyn Marks Tal

*Morris Marks
Tillie Marks
Nathan Marks
Morris Seidler
Rose Seidler
Edwin Seidler
Shirley Seidler
Lois Ruth Seidler

Sheila Marrero

*Jacinto (Jack) Marrero Herman Lichtman Franya Lichtman Jacinto Marrero Juana Marrero

Amy Becker-Mattes & Jeffrey Mattes & Family

Margaret Krausz Becker Arthur Becker Max Wolf Mattes Lillian Rebecca Mattes

Larry & Madlen Mayer

Adolf Mayer Edna Mayer Judith Lynn Mayer Jody Barlerin Abraham Jakobi Dina Jakobi

Harriet Kass, Alan Medvin & Family

- *Murray Medvin
- *Leona Medvin Farber
- *David Kass
- *Elaine Kass

Linda & Arthur Meisel

Sidney Meisel Rosalind Meisel Langer Donald Meisel

- *Aaron Familant
- *Rosalind Familant

Rabbi Andrea Merow

Dr. Edwin Merow Joel Merow Michael Forman Rose Bolinsky Joseph Bolinsky Augusta Merow Benjamin Merow Thomas Evans Barry Sysler

Bob Miller

*Judith Miller Meyer Miller Henrietta Miller Nathan Abramowitz Ida Abramowitz

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Josh & Linda Milstein

Mildred Teicher Harvey Teicher Gwendolyn Milstein David Milstein Ruth Wolf

Tirza Wahrman & Warren Mitlak

Arthur Mitlak Henry Wahrman Wolf Wahrman Dan Wax Vincent Prada Naomi Wahrman

Debra Morgenstern

*Samuel Morgenstern Bernard Morgenstern Jeanette Morgenstern Marilyn Goldman Karen Heick Ben Goldman

Georgie & Peter Moss

Charles Baber *Dr. Kenneth S. Gould Jason Moss

Fred & Cynthia Neufeld

Sidney T. Jacobs Anna Fait Jacobs Minerva Melnick Neufeld Louis Neufeld Gertrude Jacobs Goldstein Barton Goldstein Robert M. Diamond David Weis

Leah Namenson-Neufeld & Shawn Neufeld

Asher Isaac Namenson Moses Dov Namenson Madeline K. Namenson Ardith E. Namenson Tobias A. Namenson

Jerry Neumann & Naomi Richman Neumann

Avriam S. Richman Morris Richman Leonard J. Neumann *Rabbi Adam Feldman

Shai Noiman & Edna Bryn-Noiman

Suzi Brin Ben Brin Miriam Noiman Efraim Noiman Stela Avram

^{*}Indicates person being remembered was a congregant.



Jewish Proverbs

What soap is for the body, tears are for the soul.

- Jewish Proverb

The 'gift' of grief is that it presents us with the opportunity to heal and grow.

- Jewish Proverb

To everything there is a season and a time for every purpose under heaven.

Ecclesiastes

Say not in grief 'he is no more' but in thankfulness that he was.

- Hebrew Proverb

As long as we live, they too will live; for they are now are a part of us; as we remember them.

- Jewish Prayer

God is closest to those with broken hearts.

- Jewish Proverb



Arlene & Henry Opatut

Murray Jacobs
Eleanor Jacobs
Ben Opatut
Mary Opatut
*Jessica Allyn Opatut

Simon & Melissa Pankove

Ethel Pankove Jacques Pankove Ruth Rabstein Pelletieri Rebecca Wasserman Morris Wasserman Miriam Pantchechnikoff Evsey Pantchechnikoff

Howard & Sofia Parish

Chaim Dubowska Chaim Luchtan Dora Luchtan Arthur Parish Riviera Parish

Fredi Pearlmutter

Paul D. Cohen Paul Pearlmutter Rose H. Pearlmutter

Robin & Jeff Persky

Dr. Lloyd Nimaroff Rose Nimaroff David Persky Evelyn Persky May August Nimaroff

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Annette Pickens Malvin Joseph H. Pickens Elliot Pickens

The Plapou Family

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Robert Klein Harold Polakoff Harold Jacobs Florence Klein Jacobs Irene Polakoff

David & Alison Politziner

Syril Strauss Reitman Norman Reitman Ethel Watkin Politziner Seymour Politziner

Lawrence & Nedda Pollack

Melvin Miller Bernice C. Miller Marcel Polack Pauline K. Polack Geraldine Pollack Waldorf

^{*}Indicates person being remembered was a congregant.

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Sanford Silman Toni Silman Michael Silman Joe Silman Miriam Pollard Robert Pollard Minna Wagner Robert Silman

Allen & Rhona Porter

Fred Porter Tillie Porter Paul Wang Stanley Wang Edna Wang

Summer & Andrew Pramer

Mildred Herman Sidney Herman *Rhoda Pramer

Jonathan & Rebecca Prenner

Joyce Prenner

Ellen & George Pristach

*Shirley Becher *Max Becher Robert Becher Mollie Pristach Joseph Pristach Claudia Brenner

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Frimi Örel Murray Provorny Estelle Provorny Sharan Provorny

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*Irving N. Rabinowitz

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Steven Weiser

Michael & Joyce Rappeport

Rosalie Albin Arkady Albin Lilly Rappeport Moses Rappeport

Shirley Reich and Family

Shledon Reich

Claire Philipp & Allan Reiman

Wanda Reiman Mark Bernard Reiman Rachel Philipp

Martin & Rogie Rome

Jacob Rome Shirley Rome *Nita Rome Jean Stone Irwin Stone Alice Rome Shea

^{*}Indicates person being remembered was a congregant.

Joe & Marilyn Rosen

Ruth Rosen Hyman Rosen Lillian Greene Sidney Greene

Sherry Rosen

Sara Rosen Kaufman Samuel J. Rosen Leila Rosen Young Rose Rosen Baer

Rick & Donna Rosenberg

Helene Yagoda Rand Stanley Rand

Dr. Michael Rosenthal

*Jacob "Jack" Rosenthal *Suzanne Dolinko Rosenthal

Lynne Ross

Minnie Ludwig Samuel Ludwig David Ross

Barry & Terry Rossman

Daniel Stillson Melvin Rossman Barbara Rossman

Marty & Martha Rossman

Ida Rossman Louis Rossman Florence Saul Charles Saul Sheila Chefetz

Anne, Phil, Lily & Julia Rutman

Faye Rutman William Rutman Liliane Kapitanoff Emanuel Kapitanoff

Jan & Lois Safer

Charles Safer Belle Safer Suzanne Safer William Ballen Mildred Ballen

Rona & Jeff Sands

Golde Feinstein Leo Feinstein Beverly Feinstein Eve Feinstein Roslyn Samskin Morris Samskin

^{*}Indicates person being remembered was a congregant.

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Benjamin Sapoff Mary Sapoff Murray Kaye Morris Cohen Ida Cohen Nathan Cohen Arnold H. Kagan Thelma Layton Camhe Ronnee Lake Testler

The Sarett Family

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Monica Blum & Jeff, Jeremy & Matthew Savlov

Lottie Blum David Hans Blum Liese David Harold Sayloy

Robert Schapire & Roberta Sloan

Hans M. Schapire Lillian "Libby" Schapire Julie Schapire Myron Sloan Susanne Sloan Howard Sloan

Jay, Ginger, & Miki Schnitzer

Jacqueline Schnitzer

Ruth Schulman

*Melvin A. Schulman
*Amy Adina Schulman
Dave Schulman
Rose Schulman
Miriam Brown
Lou Brown
Carol Brown Peretz
Eph Peretz
Harriet Brown

Steve & Iris Schulman

Bertha Gross Charles Gross Joel Gross Mary Schulman Israel Schulman Mona Miller

Alicia, Liam, Timothy & Nicole Schwarcz

Susana Blum Schwarcz Joseph Meir Schwarcz

Joe & Barbara Schwartz

Elaine Antebi

Harriett Schwartz

Marshall Hunovice Dorothy Hunovice *Howard Schwartz Martin Schwartz Stanley Schwartz Philip Schwartz Hannah Schwartz

^{*}Indicates person being remembered was a congregant.

Judy & Marty Schwartz

Harold Schwartz Jean Schwartz Eleanore Greene Irwin Greene Burton Rosenthal Roger Schwartz

Robert & Carol Schwartz

Anna Schwartz
Miklos Schwartz
Miriam Tobey
Irving Tobey
Emanuel Schwartz
Olga Schwartz
Vera Schwartz
Martin Neuwirth
Fanny Neuwirth
Lester Neuwirth
Eva Klein
Victor Klein

The Seinfeld Family

Frank D. Seinfeld Leatrice Seinfeld Frank Demitrovic Ann Demitrovic John Seinfeld Freida Seinfeld Samuel J. Wilt Bessie Wilt Tina Struver Susan Hedlund

Harold T. & Vivian B. Shapiro

Max Shapiro Mary Shapiro Kantor Zelig Rapoport Yetta Rapoport

Douglas & Marcie Shavel

*Matthew Shavel
*Gloria T. Shavel
*Merrye Shavel-Hudis
Arthur Bern
*Rabbi Adam Feldman
Ira Bayers
Israel Berg
David Smith
*Lonny Kaplan

Sharon Shylit & Family

Elias Shylit Henia Shylit Alexander Fiegler Pearl Fiegler *Benjamin Shylit Rita Feigeles Bruce Feigeles

Shoshana Silberman

*Mel Silberman Betty Ribner Borok Samuel Ribner Elliot Ribner

^{*}Indicates person being remembered was a congregant.

Ziona Silverman

*Rabbi David Wolf Silverman Jenny Zion Samuel Zion Esther Silverman Samuel Silverman Shira Silverman

Jeffrey & Vickie Solomon

Rose Lackowitz Simon Lackowitz Randi Beth Siegel Elayne Solomon Dorothy Solomon Agnes Klein Sidney Solomon

Winifred Hughes Spar

*Fredric J. Spar

Jeremy & Roberta Temkin-Spector

Annabelle Block Temkin Abraham Temkin Frances Spector Alexander Spector

Cary & Elisa Spiegel

Roslyn Levine Sheldon Levine Victor Spiegel Gusta Brown Evelyn Feinberg Annabelle Spiegel

Melainie Stein

Sarah Grubert Hack Oscar Grubert Harry Grubert Charles L. Podell

Ephraim & Roberta Sternthal

Celia Hinden Benjamin Hinden Bella Sternthal Irving Sternthal

Hazel Sherwin Stix

*Thomas Howard Stix May Sherwin J. Stephen Sherwin John Stix

Mark & Lisa Tobias

Rose Levenson
Barney Levenson
Frank Devin
Leah Devin
David Devin
Jack Simon
Mildred Simon

^{*}Indicates person being remembered was a congregant.

Jesse & Marissa Treu

Virginia Fellner Morris J. Fellner Ahbe Treu Charlotte Treu Gross Sophie Treu Harry Treu Emma Ratner Louis Ratner Harold Gross

The Ullmann Family

Anthony Ullmann

David & Roslyn Vanderbilt

Ina Gilbert Paul Gilbert

David & Barbara Vilkomerson

*Jess Epstein *Marion Epstein Benjamin Vilkomerson Violet Vilkomerson

Nina Wacholder

*Robert Goldenberg Bernard Goldenberg Irene Goldenberg Ben Zion Wacholder Touby Wacholder Sholom Wacholder

Cantor Jeff Warschauer & Deborah Strauss

Dr. Meyer B. Strauss Dr. Douglas M. Warschauer German Goldenshteyn

Myra Weiner

*Irving Newman Daniel Newman Sarah Newman Iris Newman Mollie Doctor Lee Lawrence Lee

Thomas & Stephanie Will

Rose Zigman J. Louis Zigman Ruth Schneier Max Schneier Helen King Harry King

Bobby Willig & Ginny Mason

Jack Willig Meg Willig Ben Mason Irene Mason Paula Siegel

^{*}Indicates person being remembered was a congregant.

Charlie & Sonnie Wise and Neil Wise & Lincoln Harding

Abram Sellers Shyfra Sellers Ralph Wise Ruth Wise

Eric Wiseblatt & Debra Bass

Joan Bass Bernard Wiseblatt

Lesley & Ross Wishnick

*Gertrude Dubrovsky Herbert Wishnick Bernice Wishnick Bradford Schofield

Deborah Yaffe

James Yaffe Elaine Yaffe

Maryann Yarin & Family

* Jack D. Yarin
Esther Lucks Yarin
Harry Yarin
Elaine Yarin Cantor
Hal Cantor
Carol Yarin Belmer
JoAnn Waldmann
Margaret Hester
John F. Hester
John F. T. Hester
Vivian Nehemias
Bill Nehemias

Froma I. Zeitlin

* George Zeitlin Dora Inselbuch Samuel Inselbuch Claire Wienburg Zeitlin

Joshua & Advah Zinder

Samuel B. Zinder

^{*}Indicates person being remembered was a congregant.

Service for the Cemetery

Those who have not visited a cemetery for more than thirty days recite the following blessing:

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר־יָצֵר אֶתְכֶם בַּדִּין, וְזָן וְכִלְכֵּל אֶתְכֶם בַּדִּין, וְזָן וְכִלְכֵּל אֶתְכֶם בַּדִּין, וְזָן וְכִלְכֵּל אֶתְכֶם בַּדִּין, וְעָתִיד אֶתְכֶם בַּדִּין, וְעָתִיד לְהַחֲיוֹת וּלְהַחֲיוֹתְכֶם בַּדִּין. בָּרוּךְ אַתָּה יהוה, מְחֵיֵה הַמֵּתִים.

Praised are You, Adonai our God, who rules the universe, who in keeping with the laws of nature created you, nourished and sustained you, knows how many of you there are, and who will someday restore and give life to you. Praised are You, Adonai, Master of life and death.

Verses from the Psalms

יָיָ מָה־אָרָם וַתַּדָעָהוּ בְּּרְאֵנוֹשׁ וַתְּחַשְּבְהוּ: אָרָם לַהַבָּל דָּמָה יָמָיו כְּצֵל עוֹבַר בַּבְּקָר יָצִיץ וְחָלֶף לְעֵרֶב יְמוֹלֵל וְיָבַשׁ: לִמְנוֹת יָמֵינוּ כֵּן הוֹדַע וְנָבִיא לְבַב חָכְמָה: שְּׁמֶר־תָּם וּרְאַה יָשֶּׁר בָּשִׁי מִיָּד שְׁאוֹל. כִּי יִקְּחַנִּי םֵלָה: אַרְאַלֹהִים יִפְּדָּהוּנַפְשִׁי מִיָּד שְׁאוֹל. כִּי יִקְּחַנִי םֵלָה: Adonai, what is a person that You should care about her? The human being that You should think of him?

A human being is like a breath.

His or her days like a passing shadow.

At daybreak it flourishes anew

But by dusk it withers and dries up.

Teach us to use all our days,

That we may attain a heart of wisdom.

Mark the blameless, note the upright,

For there is a future for a person of integrity.

God will redeem my life.

When taking me, God will save my soul.

Unison Reading

Eternal God, give us the gift of remembering. May our memories of the dead be tender and true, undiminished by time. Let us recall them, and love them, as they were. Shelter us with the gift of tears. Let us express our sense of loss, our sorrow, our pain, as well as our love, and words unspoken. Bless us with the gift of prayer. May we face You with an open heart, with trusting faith, unembarrassed and unashamed. Strengthen us with the gift of hope. May we always believe in the beauty of life, the power of goodness, the right of joy. May we surrender our being, and the souls of all the dead, to Your all-knowing compassion.

At the Graves of Relatives

In memory of a male:

May God remember the soul of my beloved _____, who has gone to his eternal home. In loving testimony, I pledge charity to help perpetuate ideals important

to him. Through such deeds, and through prayer and remembrance, is his soul bound up in the bond of life. I am grateful for the sweetness of his life and for what he did accomplish. May he rest forever in dignity and peace. Amen.

In memory of a female:

May God remember the soul of my beloved______, who has gone to her eternal home. In loving testimony, I pledge charity to help perpetuate ideals important to her. Through such deeds, and through prayer and remembrance, is her soul bound up in the bond of life. I am grateful for the sweetness of her life and for what she did accomplish. May she rest forever in dignity and peace.

Amen.

In memory of relatives and friends:

May God remember the souls of all our beloved relatives and friends who have gone to their eternal home. In loving testimony, I pledge charity to help perpetuate ideals important to them. Through such deeds, and through prayer and remembrance, their souls are bound up in the bond of life. I am grateful for the sweetness of their lives and for what they accomplished. May they rest forever in dignity and peace. Amen.

In memory of martyrs:

May God remember the souls of our fellow Jews, martyrs of our people, who gave their lives for the sanctification of God's name. In their memory I pledge charity. May their bravery, their dedication and their purity be reflected in our lives. May their souls be bound up in the bond of life. And may they rest forever in dignity and peace. Amen.

EL MALEI RAHAMIM MEMORIAL PRAYER

אַל מָלֵא רַחֲמִים, שׁוֹבֵן בַּמְּרוֹמִים, הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת בַּנְפֵי הַשְּׁכִינָה, בְּמֵעֲלוֹת קְרוֹשִׁים וּטְהוֹרִים, כְּזְהַר הָרָקִיעַ מַזְהִירִים, לְנִשְׁמוֹת בָּל־אֵלֶה שֶׁהִזְכַּרְנוּ הַיּוֹם לִבְרָכָה, שֶׁהָלְכוּ לְעוֹלָמָם, בְּגַן עֵדֶן תְּהִי מְנוּחָתָם. אָנָּא בַּעַל הָרַחֲמִים הַסְתִּירֵם בְּסֵתֶר כְּנָפֶיךְ לְעוֹלָמִים וּצְרוֹר בִּצְלוֹר הַחַיִּים אֶת־נִשְׁמוֹתֵיהֶם. יהוה הוּא נַחֲלָתָם. וְיָנְיּחוּ בְשָׁלוֹם עַל מִשְׁכְּבוֹתֵיהֶם. וְנֹאמַר אָמֵן.

Exalted, compassionate God, grant infinite rest, in Your sheltering Presence, among the holy and pure, to the souls of all our beloved who have gone to their eternal home and whom we have fondly recalled today. Merciful One, we ask that our loved ones find perfect peace in Your tender embrace, their memory enduring as inspiration for commitment to their ideals and integrity in our lives. May their souls be bound up in the bond of life. May they rest in peace. And let us say: Amen.

EL MALEI RAHAMIM MEMORIAL PRAYER In memory of the six million:

אַל מָלֵא רַחֲמִים, שׁוֹכֵן בַּמְּרוֹמִים, הַמְצֵא מְנוֹּחָה נְכוֹנָה תַּחַת בַּנְפֵּי הַשְּׁכִינָה, בְּמֵעֲלוֹת קְרוֹשִׁים וּטְהוֹרִים, בְּוֹהֵר הַרָקִיעַ מֵּוְהִירִים, לְנִשְׁמוֹת בָּל־אֲחֵינוּ בְּנֵי יִשְׂרָאֵל שֶׁנְטְבְּחוּ בַשׁוֹאָה, אֲנָשִׁים נָשִׁים וְטַף, שֶׁנֶּחְנְקוּ וְשֶׁנִּשְׂרְפוּ וְשֶׁנֶהֶרְגוּ, שֶׁמֶּסְרוּ אֶת נַפְשָׁם עַל קִדּוּשׁ הַשֵּׁם, בְּמֵעֶר בְּנָפֶיְךְּ לְעוֹלָמִים. אָנָא בַּעַל הָרַחֲמִים, הַסְתִּיבִם בְּמֵעֶר בְּנָפֶיְךְּ לְעוֹלָמִים. וּצְרוֹר בִּצְרוֹר הַחַיִּים אֶת־נִשְׁמוֹתֵיהֶם. יהוה הוּא נַחֲלָתָם. וְיִנְיִּחוּ בְשָׁלוֹם עַל מִשְׁבְּבוֹתֵיהֶם. וְנֹאמֵר אָמֵן.

Exalted, compassionate God, grant infinite rest, in Your sheltering Presence, among the holy and pure, to the souls of our brethren who perished in the Shoah-men, women and children of the House of Israel who were slaughtered and suffocated and burned to ashes. May their memory endure and inspire deeds of charity and goodness in our lives. May their souls be bound up in the bond of life. May they rest in peace. And let us say: Amen.

Psalm 23

מִזְמוֹר לְדָוֹד. יהוה רֹעִי לֹא אֶחְסָר בִּנְאוֹת דֶשֶׁא יַרְבִּיצֵנִי, עַל־מֵי מְנוּחוֹת יְנַהֲלֵנִי. נַפְשִׁי יְשׁוֹבַב, יַנְחֵנִי בְמַעְגְּלִי־צֵדֶק לְמֵעֵן שְׁמוֹ. גַּם כִּי־אֵלֵךְ בְּגִיא צַלְמֵוֶת לֹא־אִירָא רָע כִּי־אַתָּה עִמָּדִי. שִׁבְּטְךְ וּמְשְׁעַנְתֶךְ הַשָּׁתְן הַאְשִׁי, כּוֹסִי רְנָיָה. אַךְ טוֹב צֹרְרָי, דִשְׁנְתָּ בַּשֶּׁמֶן רֹאשִי, כּוֹסִי רְנָיָה. אַךְ טוֹב וָחֶסֶד יִרְדְּפִוּנִי כָּל־יְמֵי חַיָּי, וְשַבְתִּי בְּבֵית־יהוה לָאֶרֶךְ יָמִים.

A Psalm of David.

Adonai is my shepherd, I lack nothing, Making me lie down in green pastures, Leading me beside still waters to revive my spirit,

Guiding me on the right path, for that is God's essence.

Though I walk through a valley of deepest darkness

I fear no harm, for You are with me.

Your rod and Your staff, they comfort me.

You prepare a meal for me in the presence of my foes,

You anoint my head with oil; my drink is abundant.

Surely goodness and kindness shall be my portion

All the days of my life,

And I shall dwell in the house of Adonai For many long years.

Kaddish Yatom - Mourner's Kaddish

יִתְנַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא, בְּעָלְמָא דִּי בְרָא, כְּרְעוּתֵהּ, וְיֵמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְׂרָאֵל, בַּעֵנָלָא וּבִוְמַן קָרִיב, וְאִמְרוּ אָמֵן.

יָהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלֵם וּלְעָלְמֵי עָלְמֵיָּא.

יִתְבָּרֵךְ וְיִשְתַבָּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדֵּר מְן בָּל־בִּרְכָתָא וְשִׁירָתָא תְּשְׁבְּחָתָא וְנָחָמָתָא דַּאֲמִירָן בַּעַלְמָא, וָאָמָרוּ אָמֵן. בַּעַלְמָא, וָאָמָרוּ אָמֵן.

*Between ראש השנה and יום כפור:

לְעֵלָּא לְעֵלָּא מִכְּל־בִּרְכָּתָא רִשִּירָתָא

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל בְּל־יִשְּׂרָאֵל, ואמרוּ אָמֵן.

עֹשֶּה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעֵל בַּל־יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

Yitgadal v'yitkadash sh'mei raba, b'alma di v'ra kir-utei v'yamlikh malkhutei b'hayeikhon u-v'yomeikhon u-v'hayei d'khol beit yisrael, ba'agala u-vi-z'man kariv, v'imru amen.

Y'hei sh'mei raba m'varakh l'alam u-l'almei almaya

Yitbarakh v'yishtabah v'yitpa-ar v'yitromam v'yitnasei, v'yithadar v'yit-aleh v'yit-halal sh'mei d'kudsha, b'rikh hu *l'ela min kol birkhata v' shirata

[*on Yom Kippur: l'ela l'ela mi-kol birkhata v'shirata] tushb'hata v'nehamata da'amiran b'alma, v'imru amen.

Y'hei sh'lama raba min sh'maya, v'hayim aleinu v'al kol yisra-el, v'imru amen.

Oseh shalom bi-m'romav hu ya'aseh shalom aleinu v'al kol yisra-el, v'imru amen.

Guide to Jewish Mourning

Adapted from The United Synagogue of Conservative Judaism

A Jewish funeral is a sacred rite and should be invested with both dignity and simplicity as taught by Jewish tradition. The family of the deceased should consult a rabbi when death occurs. Preplanning with a funeral home and cemetery is encouraged. When a death occurs, please call the synagogue at any time to reach our Rabbi.

The Jewish way of dealing with death is one part of a larger philosophy of life in which all persons are viewed with dignity and respect. Our people believe that, even after death, the body, which once held a holy human life, retains its sanctity. Our sages have compared the sacredness of the deceased to that of an impaired Torah scroll which, although no longer useable, retains its holiness. In Jewish tradition, therefore, the greatest consideration and respect are accorded the dead.

Jewish law and tradition have endowed funeral and mourning practices with profound religious significance. To this end, Jewish funerals avoid ostentation; family and visitors reflect in dress and deportment the solemnity of the occasion; flowers and music are inappropriate; embalming and viewing are avoided; and interment takes place as soon as possible after death.

The preparation and burial of the body are highly valued mitzvot. It is a chesed shel emet, an act of kindness performed without ulterior motive, for the dead cannot repay this service.

When a member of a community dies, it is the community's responsibility to lovingly assist the deceased's family in this final act.

When Death Occurs

Time of Funeral/Burial - Jewish law requires that burial take place as soon as possible. Burial may be delayed for legal reasons; to transport the deceased, if close relatives must travel long distances to be present at the funeral/burial; or to avoid burial on Shabbat or another holy day.

Shmirah (Attending to the body) - Jewish tradition asks that the deceased not be left alone prior to burial. Hospitals should be requested to avoid disturbing the remains until the arrival of a **Shomer** (guardian/wathcer).

It is preferable that **shomrim** be members of the family, friends of the deceased, or members of the congregation. You may also ask the funeral homes to help provide people to do this mitzvah. **Tehillim** (Psalms) are recited by the **shomrim**.

Aninut - Time Between Death and Burial

Autopsies and organ donation - The practice of routine autopsies is contrary to Jewish law since autopsies are viewed as a desecration of the body. In most cases, when an autopsy is recommended, the family can refuse. Alternatively, Judaism does permit an autopsy when it is legally required or if there is medical knowledge that can be gained to help others. Organ donation should be viewed as an example of K'vod Ha-met (respect for the deceased) which brings healing to the living. Thus, donating organs or tissues should be considered a mitzvah.

Embalming - According to Jewish tradition, embalming and the use of cosmetics on the deceased are not permitted. Embalming is not permitted unless required by civil law.

Cremation -Cremation is not part of Jewish practice; a Rabbi may still choose to officiate at a service.

Taharah (Ritual cleansing) – It is Jewish Tradtion to have the body cleansed according to prescribed ritual as an expression of respect. A group of specially trained persons called a **Hevra Kadisha** (holy society) or a Jewish funeral director can arrange this.

Tachrichim (Shroud and burial attire) - Jewish law prescribes burial in plain white shrouds **(tachrichim)** to demonstrate the equality of all. In addition, a Jewish male is customarily buried wearing a **kipah** and his own **tallit**; a Jewish woman may do the same.

Aron (Casket) -To avoid interference with the natural process of "returning to the earth," Jewish tradition requires that an **aron** be made entirely of wood.

K'riah (Rending the garment) - Mourners for parents, a spouse, children, or siblings traditionally participate in the rite of K'riah (rending of garments) usually just prior to the funeral service. This rite consists of tearing a visible portion of clothing (lapel, pocket, collar, or ribbon, for example) The torn garment is worn throughout the 7-day mourning period (shivah). The tearing for parents is on the left side over the heart and for all other relatives on the right side.

Onen (Bereaved person) - Between the time of death and the funeral, an immediate family member of the deceased is called an **onen**. The **onen** is exempt from the performance of all affirmative religious obligations, such as reciting the three daily services or putting on **tefillin** during **aninut**. The laws of **aninut**, as well as all the laws of mourning, apply to the seven specific relatives: spouse, father and mother, son and daughter, brother and sister. (See: A Guide to Jewish Religious Practice - Isaac Klein)

The Funeral

Services - Funeral services may be held in the synagogue, in a funeral home, or at the gravesite. The funeral service is usually brief and simple. It usually includes the chanting of psalms, **Eyl Malei Rahamim** (the traditional memorial prayer), and a **hesped** (eulogy) honoring the deceased.

Viewing - Viewing the body publicly is contrary to Jewish tradition.

Pall and pallbearers - At a funeral, the casket may be covered with a specially prepared cloth, called a pall, and is borne from the funeral service to the gravesite by family or friends (pallbearers) selected by the mourners.

K'vurah (Burial) - In traditional practice, the casket is lowered into the earth and the grave filled, using a reversed shovel until a mound is formed over the casket. The **Kaddish** is recited at the grave after **k'vurah** is completed. There are different customs or variations, and the Rabbi should be consulted.

Leaving the cemetery - It is customary for the mourners to pass between two rows of people in attendance to receive traditional expressions of consolation. After burial, washing one's hands when leaving the cemetery or before entering the house of mourning is also traditional.

The Mourning Period

Who is obligated - Mourners are those whose parent, spouse, child, or sibling has died.

Shivah (Initial period of mourning) - Shivah is the seven-day period of intensive mourning observed by the immediate family of the deceased beginning on the day of the burial. During the entire shivah period mourners are encouraged to stay away from work or school, and to remain at home. It is, also, a time to contemplate the meaning of life and the manner in which adjustment will be made to the death of the beloved. Public mourning observances are suspended on the **Shabbat** in view of the belief that the sanctity and serenity of this day supersedes personal grief. Mourners are permitted and encouraged to attend Shabbat services; but they are not given an aliyah, may not conduct services, and they do not display the k'riah publicly. The major festivals terminate shivah. (For details consult the Rabbis.) Since Judaism teaches that the feeling of loss of a human life is not limited to the descendant's family alone, but is shared by the entire community, it is customary for the name of the deceased to be recalled at the **Shabbat** service after the funeral

Condolence Meal - It is customary for family and friends to arrange for a **seudat havra'a**, condolence meal, which traditionally includes round foods such as eggs, which are symbolic of the cycle of life, to be served the mourners at the house of mourning upon their return from the cemetery.

Shivah - It is customary, as expressions of mourning, for mirrors in the **shivah** home to be covered, for a seven-day memorial candle to be kindled, for the mourners to refrain from wearing leather shoes and for males to refrain from shaving. In ancient times, mourners sat on the floor to experience discomfort.

Today, we reflect that experience by sitting on lower or harder chairs without cushions. Greetings of Shalom between mourners and visitors are not normally exchanged. The house of mourning should reflect solemnity. Mourners shall not deem themselves as hosts who are obligated to serve their visitors during the mourning period.

Minyan - Every day, the mourner recites Kaddish at a service. A minyan is required. It is preferable to have the services in the home of the mourner. If a minyan cannot be assured, then the mourner attends the synagogue service. On Shabbat, or join us online, mourners join the synagogue service and receive public condolences.

Shloshim - The first thirty days - During the thirty days following burial, after the observance of **shivah**, mourners return to work and activities but refrain from public entertainment or social activities. The **k'riah** is customarily worn during **shloshim**. In place of home services, mourners participate in synagogue services daily and recite **Kaddish**.

Shanna - Twelve months: The duration of the mourning period - Mourners for deceased parents attend services daily to recite Kaddish for eleven Hebrew months and continue to refrain from public celebratory activities for the full twelve months. Other mourners often choose to say Kaddish during this period as well.

Yahrzeit (Anniversary of death) - The Kaddish is recited each year on the Hebrew calendar anniversary of death. It is customary to light a yahrzeit (24 hour burning) candle, to study a portion of Torah or Mishnah, and to donate tzedakah on the anniversary. The synagogue and your Jewish funeral home will send you the date each year.

Yizkor (Memorial prayers) - The Yizkor is recited on Yom Kippur, Sh'mini Atzeret, the eighth day of

Pesah, and the second day of **Shavuot.** The Rabbi should be consulted to determine when the first **Yizkor** is recited. Some Jews follow the custom of lighting a **yahrzeit** candle on each of these occasions, others only on **Yom Kippur.**

Miscellaneous

Kohanim (Priests) - There are special provisions related to the attendance of **kohanim** at a funeral.

Consult the Rabbi.

Flowers - Friends and associates of the deceased who wish to express condolences should be encouraged to contribute to a **Tzedakah** Fund important to the deceased or the family.

Nichum Avaylim (Condolence calls) - Condolence calls to comfort the mourner should be made after the funeral, during the **shivah** period, except on **Shabbat**.

Opportunities to participate in a mitzvah include helping with:

- Funeral arrangements
- Shmirah
- Taharah
- Cemetery arrangements
- · Condolence meals
- Shivah minyanim

Unveiling - There is no required formal rite. If a ritual service is conducted, it may be any time after one month has passed. Often it is conducted close to the first **yahrzeit**.

Pre-Planning - Advance purchase of gravesites is important and appropriate. Providing designated relatives with vital information to direct the decisions and allow the family to follow the Tradition and wishes of the deceased is sensitive and wise. The

Committee on Jewish Law and Standards of the Rabbinical Assembly has prepared useful material on Living Wills which should be utilized by those engaged in advance planning. The following information will be needed at the time of death:

- Full name of the deceased
- Hebrew name, Hebrew name of father and mother
- Kohen/Levi/Yisrael
- Date of birth and location of birth certificate
- · Place of birth
- · Mother's maiden name
- Social Security number and where card is kept
- Location of will, legal advisor's telephone number
- · Life insurance agent's telephone number
- Life insurance policy numbers and where policies are kept
- Location of safe deposit box, key, and who has access
- Bank account numbers checking and savings and where kept
- Securities information and where securities are kept
- · Cemetery deed/location
- · Real estate and how title is held
- Military service and where discharge papers are kept
- · Rabbi to be notified
- · Funeral home choice

Glossary of Hebrew Terms

- Aliyah Blessings recited by honoree on being called to the Torah
- Aninut Time period from death to burial
- Aron Casket carrying the physical remains of a Jew
- Chesed shel emet Compassionate concern and kindness of the living for a deceased
- Eyl Malei Rahamim Memorial prayer recited at funeral service, on visiting a gravesite, during Yizkor services
- Hesped Eulogy of tribute to a deceased
- Hevra Kadisha Holy society of men or women who wash and clothe a deceased in keeping with Jewish tradition
- K'riah Tear in a garment of a mourner
- K'vod Ha-met Respect for the deceased
- K'vurah Burial of the deceased
- Kaddish Aramaic language prayer in praise of God, recited by mourners
- Kohen One of three categories to designate a Jew based on birth lineage
- · Levi Category of Jew based on birth lineage
- Minhag A Jewish custom, often becomes normative practice
- Minyan Quorum of ten Jews required for public prayer
- Mishnah Third century C.E. compilation of Jewish law
- Mitzvah Divine (or Rabbinic) commandment incumbent to be fulfilled by Jews
- Nichum Avaylim Comforting the mourners after burial and for the seven days of shivah

- Onen Those individuals who have suffered a loss - after the death until the burial
- Pesah Eight day holiday, Feast of Freedom
- Seudat Havra'a Condolence meal served to mourners upon return from cemetery burial
- Sh'mini Atzeret Eighth day of Assembly, immediately follows Sukkot, precedes Simhat Torah
- Shalom Means peace, completeness; hello or goodbye
- Shanna Year. Applies to the eleven months of Kaddish
- Shavuot Two day holiday, seven weeks after Pesah, marks Giving of Torah by God to Jewish people
- Shivah Seven day mourning period begins after burial
- Shloshim Thirty-day continuing mourning period; twenty-three days plus shivah
- Shmirah Attending to the deceased body, remaining at all times until burial
- **Shomer** The person who attends to the body, recites psalms to honor deceased
- Tachrichim Shrouds placed on deceased
- Taharah Ritual washing of deceased by Hevra Kadisha. Tehilim Psalms recited while attending to deceased.
- Tzedakah Act of righteousness. Donation in memory of deceased to a worthy organization
- · Yahrzeit Yiddish. Anniversary of the death
- Yisrael Category of Jew based on birth lineage
- Yizkor Remembrance. Memorial prayers recited at synagogue service on four Jewish holidays
- Yom Kippur Day of Atonement. Twenty-five hour period of reflection, prayer, repentance; non-eating or drinking by Jewish community

The Wisdom of Jewish Mourning Practices By Anne Brener

I didn't have this map at twenty-four, when my mother and sister died. In the aftermath of their deaths, I became a lonely sojourner. Horrified by the suggestion of my father's cousin that I observe the Jewish mourning rituals and determined not to spend my life grieving, I grabbed my backpack and fled my hometown of New Orleans to northern California, where I had once gone to school.

My attempts at self-healing sent me on a roller-coaster ride through the human potential movement. I learned yoga, gestalt, and transactional analysis. I tended a garden, kept a journal, and attended consciousness-raising groups. Each experience taught me a lot, but I felt alone. Few people understood me. No one seemed to want to hear about the pain of my loss.

I reacted with embarrassment and anger. My life was unfocused. Sometimes I thought I was crazy. Was I the only one who had ever taken this tumultuous journey? My behavior, I later learned, was exactly like a mourner's. And the rough path toward healing was known and the journey had been eased centuries ago by the rabbis who had created the rituals of mourning.

Twenty years later, my reaction to my father's death was profoundly different, because I had this map. Upon receiving the news of his death, I ripped my garment and recited the blessing praising "God the true Judge." I then called my father's rabbi in New Orleans and made certain that the members of his congregation would perform the sacred duty of sitting with my dad's body, reciting psalms until I could get there from Los Angeles and say my final goodbye.

After the funeral, I knew how to accept the congregation's generosity. The people who had stood in prayer with my father over the course of his lifetime came to sit with me in his apartment during shivah. Twice a day for seven days they came, offering food and prayer until I had found my own voice in the words of the Kaddish and could return to my home in Los Angeles to say the mourner's prayer on my own.

When the week of shivah ended, I followed the tradition of walking around the block to re-enter the world, accompanied by members of my father's community. Strengthened by their caring and compassion, I was able to leave his house and return to Los Angeles, where I would walk the less protected path of the first year of mourning.

During that time, my own synagogue community held a place for me where I could regularly recite the Kaddish. The word "place" is of great significance; it is the name used for God-HaMakom, the Place. When the Temple stood in Jerusalem, mourners had a place-a separate gate through which they entered and continued walking along a special Mourner's Path. As they walked, they came face to face with all the other members of the community, who greeted them with the blessing, "May the One who dwells in this place comfort you. May you find God-HaMakom-the Holy place of comfort."

Those walking in the opposite direction, former mourners who had made it through, affirmed by their presence the possibility of healing. Looking into their experienced eyes, the mourners found comfort in the knowledge that one does not walk the mourner's path forever.

Those who had never walked the Mourner's Path looked into the face of grief and learned that death and loss are part of life. Knowing that someday they too would walk this path, they could prepare themselves for that eventuality. They realized also that, when that day came, they would not be alone; they would walk in the company of other survivors.

When the Temple stood, the commonality of the various experiences of loss was publicly acknowledged. Others joined the mourners on the path. For it was understood that economic reverses, personal illness, relocation, and the illness of someone close required attention similar to that given to mourners. As it says in the Talmud: "Who are they who circle to the left? A mourner, an excommunicant, one who has someone sick at home, and one concerned about a lost object" (Minor Tractate of Talmud: Semahot).

The existence of the Mourner's Path confirmed that it is acceptable for those facing significant loss to be out of

step with others and affirmed their status as a normal part of community life. Having their experience mirrored in this holy place kept mourners from feeling invisible, unsupported, or ashamed.

Today, we do not have such places. We no longer live in small communities which share our sorrow. More often than not, we attend funerals out of state and then hurry home to a transitory community where few people share our grief. When no one around us carries the stories and memories that mirror our loss and bring us comfort, our painbecomes even more invisible. Moreover, in our society death is often seen as a failure of the medical community, something abnormal and inappropriate. The bereaved are not encouraged to take time out to walk the Mourner's Path. Having a strong reaction to a death, one which prevents the mourner from bouncing back into the normal stream of living, is seen as evidence of maladjustment, requiring the help of psychiatrists or social workers. HaMakom is hard to find.

How, then, do we reclaim the Mourner's Path for the Jewish community and remove the negative connotations associated with this universal life experience?

After returning to Los Angeles at the end of shivah, I continued to wear the cut black ribbon given to me at the funeral. It was the only visible sign of the profound change in my life. This practice has roots in the Jewish tradition of keriah, in which a person rips his or her garment upon hearing the news of the death of someone he or she will mourn. As it says in the Shulchan Aruch: "...all garments must be rent opposite the heart...for the mourner has to expose the heart." (Kitzur Shulchan Aruch: 195:3-4)

After the completion of Sheloshim, the first month of mourning, I was reluctant to remove the ribbon, not wanting to hide my heart. I appreciated the compassionate nods of recognition I had received from those who understood the significance of my little ribbon. Their silent deference, their awareness of my status as a mourner continued to provide reassurance, help me stay connected to my feelings, and focus on my griefwork. I felt acknowledged as one walking an ancient and venerable path. Gone was the shame and embarrassment I had felt twenty years earlier.

Rather than surrender my ribbon, I decided to embrace it and reclaim the visibility of mourning. I began handing out colored ribbons to signify the varying statuses of those who walk the mourner's path: black ribbons for those in the first year of mourning; green ribbons for those observing a yahrzeit or another significant date connected to the loss; blue ribbons for those in the midst of other major life changes such as divorce, ending a relationship, relocation, change of job, illness, or becoming a caretaker for someone else who is ill; and purple ribbons for those whose

lives have been transformed by the journey of mourning. Wearing these visible marks of mourning helps guide the process of healing. Some people will bring comfort through gently acknowledging the significance of the ribbon. Others may ask the ribbon's meaning and give the mourner a chance to tell his or her story. All of these responses give the bereaved validation and solace.

Ironically, being marked as different makes it easier for the mourner to return to the mundane tasks of everyday living. Visible ribbons give mourners relief from the incongruity they feel when their inner experience of grief is masked by the persona they feel obliged to present to a community that is unaware of their loss. Without the burden of covering up their sense of brokenness, mourners are able to attend to their deeper emotional and spiritual needs.

After a while, people begin playing with the ribbons. They weave them into their jewelry, wrap them around their buttons, and finger them as comforting talismans. In those actions the experience of mourning begins to change. It shifts from a static state to an active, creative process-a kind of dance.

Indeed, mourning is a dance. It is a dance that has been choreographed over the millennia by everyone who has passed through the Mourner's Path. By making loss and bereavement visible, we can fulfill the psalmist's promise: to turn mourning into dancing.

Anne Brener, the author of Mourning and Mitzvah (Jewish Lights Publishing, 1993), leads workshops on grief, healing, and Jewish spirituality, and consults with synagogues and other organizations on creating healing communities. A graduate of the HUC-JIR School of Communal Service, Anne is a member of Temple Israel of Hollywood, CA.



NOTE

The compilation of the list of names in this Yizkor
Book of Remembrance is a major task.

While we have tried to be precise and have rechecked our work, some errors or omissions may have occurred.

If so, we apologize and ask for your understanding.

Please give us corrected information as needed.